

The Seventeenth Sunday in Ordinary Time

JULY 25, 2021



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Today is the first World Day for Grandparents and the Elderly!

“It is important for grandparents to meet their grandchildren and for grandchildren to meet their grandparents, because — as the prophet Joel says — grandparents, before their grandchildren, will dream, and have illusions [great desires], and young people, taking strength from their grandparents, will go forward and prophesy.” – Pope Francis, January 31, 2021



Natural Family Planning Awareness Week

July 25–31, 2021

“To have ... To hold ... To honor, Natural Family Planning, Supporting God’s gifts of love and life in marriage” is the theme of this year’s National Natural Family Planning Awareness Week, an educational campaign of the United States Conference of Catholic Bishops (USCCB) to celebrate God’s vision for marriage and promote the methods of Natural Family Planning.

Natural Family Planning (NFP) is a general title for ethical, natural, safe and effective methods for both achieving and avoiding pregnancy in marriage. NFP methods teach couples how to observe and interpret the wife’s signs of fertility and infertility. In the words of the Catechism of the Catholic Church, NFP methods “respect the bodies of the spouses, encourage tenderness between them and favor the education of an authentic freedom.” (CCC, no. 2370)

The Catholic Church invites all the faithful to embrace God’s plan for married love. Learn more about these beautiful teachings which support the use of NFP in marriage at usccb.org/topics/natural-family-planning/church-teaching.